

Patient Application Instructions

BEFORE USING THE DEVICE, PLEASE READ THE INSTRUCTIONS FOR USE COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THE DEVICE.

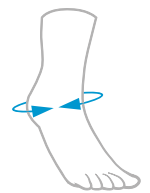
APPLICATION INFORMATION

- The product can be worn over a sock.
- For additional support and stability, we recommend to wear a closed shoe with the brace.
- For increased immobilization and protection, use the lateral stay

SIZING INFORMATION

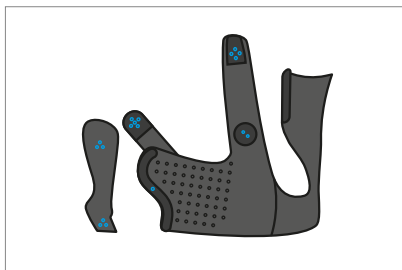
SIZE	HEEL CIRCUMFERENCE*	EU SHOE SIZE
S	≤30 cm	≤ 38
M	30-34 cm	38-43
L	34-36 cm	≥ 43
L+	≥36 cm	≥43

*For more accurate sizing

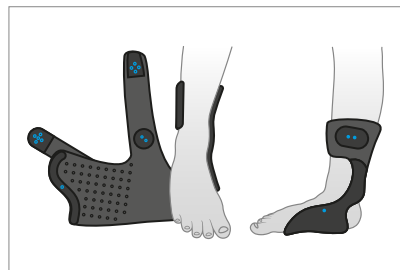


Measurement taken around the heel

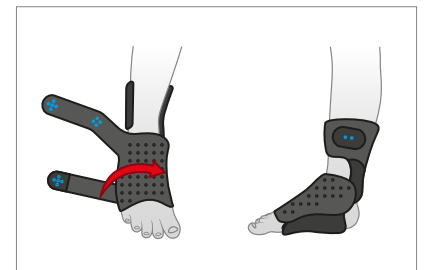
WITH THE LATERAL STAY



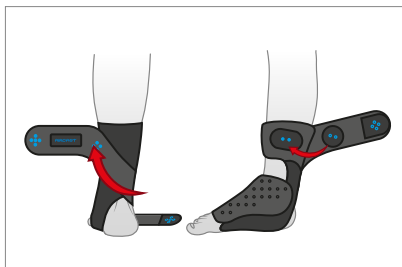
1. Unfasten the straps, remove the lateral stay and open the brace.



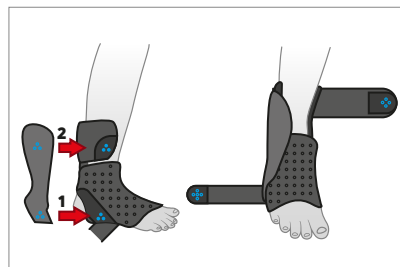
2. Slide foot into the back of the brace. The rigid part should be against the inside of the leg.



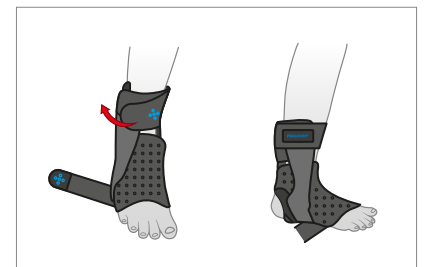
3. Fasten the hooks of the forefoot strap (●) to the loops of the rigid part (●). The strap should be fastened tightly while remaining comfortable.



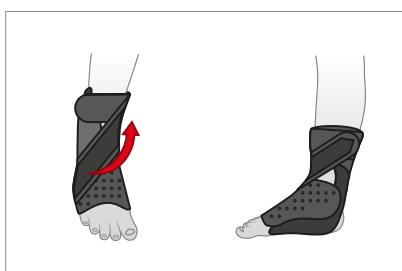
4. Guide the calf strap around the back of the leg and fasten it to the top of the rigid part of the brace using the hook and loop fasteners (●●).



5. Using the hook and loop fasteners, first attach the bottom part of the lateral stay (●●) to the bottom of the brace, followed by the top part of the lateral stay (●●) to the top of the brace.



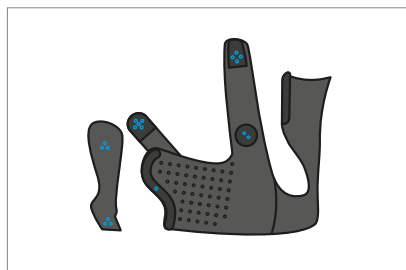
6. Wrap the calf strap around the leg and fasten it to itself (●●●).



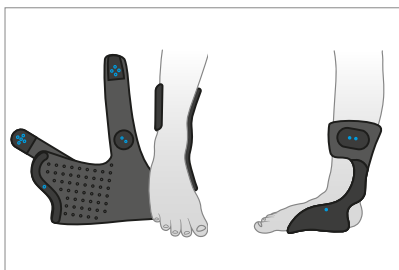
7. Pull the anti-supination strap diagonally across the instep and fasten it to the calf strap at the top of the brace (●●●). The strap should be fastened tight enough to avoid supination movements.

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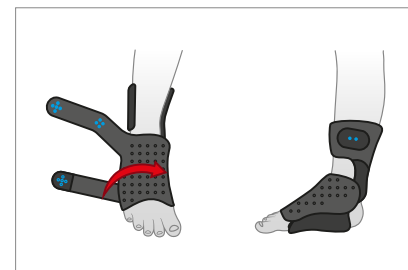
WITHOUT THE LATERAL STAY



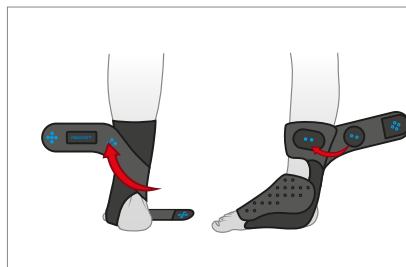
1. Unfasten the straps, remove the lateral stay and open the brace.



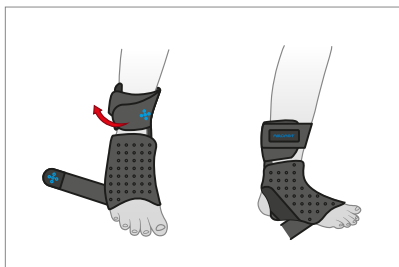
2. Slide foot into the back of the brace. The rigid part should be against the inside of the leg.



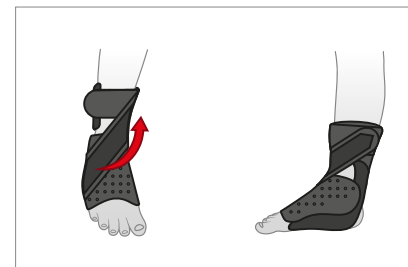
3. Fasten the hooks of the forefoot strap (●) to the loops of the rigid part (●). The strap should be fastened tightly while remaining comfortable.



4. Guide the calf strap around the back of the leg and fasten it to the top of the rigid part of the brace using the hook and loop fasteners (●●).



5. Wrap the rest of the calf strap around the leg and fasten it to itself (●●●).



6. Pull the anti-supination strap diagonally across the instep and fasten it to the calf strap at the top of the brace (●●●). The strap should be fastened tight enough to avoid supination movements.

INTENDED USE / INDICATIONS:

ActyFoot™ is designed to provide support, stabilization and partial immobilization (restriction of movement) of the ankle.

- Acute lateral ligament injuries
- Acute ankle sprains and ligament ruptures
- Prevention of further injuries in preoperative chronic ankle instability
- Protection of ankle joint

WARNINGS AND PRECAUTIONS

Please see Instructions for Use for a full list of contraindications, warnings, and precautions.

- We recommend that the first application be made under supervision of a health care professional.
- If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult a healthcare professional immediately.
- Do not drive while wearing the brace as your ability to brake may be impaired.

CLEANING INSTRUCTIONS

Hand wash (30°C max) with mild detergent.

INTENDED FOR SINGLE PATIENT USE

NOT MADE WITH NATURAL RUBBER LATEX

NOTICE: While every effort has been made in state-of-the-art techniques to obtain the maximum compatibility of function, strength, durability and comfort, there is no guarantee that injury will be prevented through the use of this product.